

Daleys Dental News

Providing you with the news
and views from the practice

15 Years on

Welcome to our 2023 Newsletter

Our aim is to update you on the happenings at the practice as well as featuring up to date dental procedures to help improve and preserve your teeth/smile

It is 15 years since we opened in October 2007 here at 409 Eaton Road. In that time we have steadily grown and established ourselves as a progressive minimally invasive preventive private practice using the latest dental techniques along with excellent patient care (we hope!)

Maxine our practice manager and Vikki our lead receptionist have both been with us since 2007 (which is great) and are always happy to help with an enquiry.

Innovation and the latest technology is

very important in any field, here we have invested in the last 12 months in a new dental operating microscope which helps us to see more things better (which is either good or bad) and in a new Guided Biofilm Therapy system which is the latest high end treatment for cleaning teeth as painlessly as possible. Along with continual professional development courses for all the staff this keeps the practice up to date within the ever changing field of dentistry.

Many thanks for reading our newsletter and if you are a patient allowing us to treat you

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and again if there is anything you need to ask please do!

Nick Daley
Practice Principal

STAFF NEWS

Lead dental nurse Katie had a beautiful little girl called Isa, she was one in January. Katie has decided to extend her maternity leave to spend more time with her, we look forward to her return soon.

We welcomed Jessica to the team as Nick Daleys nurse, she also works at our sister practice in Broadway.

We have a new dentist with a specialist interest in Endodontics.

Abdul Rahman Aly BDS (Sheffield), MFDS RCS (Edin), MEndo (Edin) who takes referrals for RCT.



MEDICAL HISTORY PORTAL



It is important that before your visit to the practice that you complete the on line portal that will be sent to you either via SMS text message or email

Please update your medical history including any current medication you are taking

Don't worry if you are unable for any reason to access the portal at home, just let us know and we will be able to assist you at the practice

Car parking, changes permit holders only, wheelchair access

Recently Liverpool city council has introduced 'permit parking' in the local area.

We encourage you to please use the free onsite parking at the practice, this is located at the rear of the building along with a ramp for wheelchair access. If for any reason the car park is full please pop in or call reception where we can help with a day permit



CLEAN TEETH
HEALTHY BODY
NO PAIN

Why professional tooth cleaning with **GUIDED BIOFILM THERAPY – GBT** for short – is so important today. No more pain or fear: designed to provide unequalled comfort, GBT is a true wellness experience

Professional tooth cleaning is necessary to deliver a beautiful smile and maintain healthy teeth.

It removes harmful plaque (called biofilm) on teeth and gums. It is the only way to prevent gum disease (periodontitis) and tooth decay (caries), both identified as common diseases.

BIOFILM IS BAD

Dental biofilm is insidious. You can't see it. You can't smell it. You can't feel it. But it is the main cause of tooth decay, gum disease and even tooth loss **GUIDED BIOFILM THERAPY** identifies biofilm and thoroughly removes it

GBT FIGHTS BIOFILM

GBT: NO MORE FEAR NO MORE PAIN

The state-of-the-art **GUIDED BIOFILM THERAPY** removes biofilm, discolorations and calculus completely. GBT uses innovative technologies while being gentle on the tooth surfaces and gums.

GBT is a clinical protocol which guarantees consistent treatment of high quality GBT uses the proven **AIRFLOW**, **PERIOFLOW** and **PIEZON NO PAIN** methods to remove biofilm in a minimally invasive manner

GBT is a painless, fast and safe method that helps you keep your teeth healthy. GBT also supports your overall health for a lifetime.

Dental Plan members will receive either 10% or 20% discount off the below prices

GBT1 45 min appointment £120.00

GBT2 30 min appointment £85.00



Dental Hygienists Lisa Dwyer and Wendy Rimmer are GBT trained and certified



Brush for Better Health



Brushing our teeth with a fluoride toothpaste is the single most important thing we can do for a healthy mouth. By getting more people brushing twice a day we can reduce dental disease.

We'll also be encouraging the other simple steps people can take to improve their oral health. For example, chewing sugar free gum, cleaning in between our teeth and using mouthwash daily

Each week during the campaign, our team will be tackling key issues...

Week 1: The Mouth

Why brushing is good for the teeth, gums and tongue and what happens to them when we skip too often.

Week 2: The Daily Routine

What a daily oral health routine should look like. What people can do alongside tooth brushing.

Week 3: Systemic Diseases

Oral health is linked to a range of conditions around the body and mind. Meanwhile, physical and mental disease can create challenges in self care.

Week 4: The Environment

How oral health products are made, transported and recycled. How does our oral health impact on the environment and what changes can we make for a better planet?

Week 5: Technology

How technology for electric toothbrushes, mobile apps and education has improved oral health.

ORTHODONTIC TREATMENT

Dr Neil Fearn BChD (Leeds), MFDS RCPS, NDEB Canada

Over the last couple of years Neil has undergone training with IAS orthodontic academy and is certified to provide discrete clear aligner orthodontic systems. It is a popular, conservative and discrete treatment for straightening teeth.

WHO'S SUITABLE

Adults with mild to moderate crooked or malaligned teeth. We always carry out a suitability check on our patients and develop a case plan which creates a 3D final image of treatment outcome.

BENEFITS

Clear aligners allow us to correct the tooth position. This improves the appearance and long-term stability of the teeth, reducing wear, chipping and further movement of the teeth.

In comparison to other cosmetic treatments, like conventional ceramic or composite veneers, this treatment has a distinct benefit of being conservative, more economic and long lasting.

Compared to traditional comprehensive orthodontic treatments. Clear aligners have a shorter treatment time, approximately 6 months, depending on the level of crowding.

An example of a case of mild crowding, shown below, a great result. His patient (his partner) was delighted!

If you would like to know more and have a chat, please don't hesitate to contact the practice to discuss options that are most suitable for you.

